

Opening a Window to Opportunity...

A Publication of the St. Paul Public Housing Agency's Resident Initiatives Department



Find out what's happening in your public housing community

Work Readiness Workshops at PHA!

Looking for work? Not sure where to start? Let us Help!

Workshop Topics:

- ◆ Resume
- ◆ Discover Skills and Strengths
- ◆ How to Job Search & Fill out Applications
- ◆ Interview Skills
- ◆ Employer Presentations

This event is provided in partnership with United Way. Please see pages 2 & 3 for more details.

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Employment Opportunities!

Human Service Coordinator. Closes on 2-16-18.

Salary: \$27.60 - \$39.19.

Position Summary: Incumbents are responsible for assessing and referring resident social service needs; developing a plan of action and referring residents to appropriate services or agencies; advocating for residents; responding to crisis situations; developing and maintaining community networks relationships and coordinate activities with service providers; working with resident councils; and attending related meeting.

For more information or an application, please visit our website at www.stpha.org or contact the Human Resource Department at 651.298.5664.

Resident Opportunities and Self-Sufficiency (ROSS) Grant!

SHIP Mini-Grant:

The City Wide Resident Council applied for and was approved to receive a SHIP Mini-Grant for community engagement work at the McDonough Family Site. Youth will learn about the benefits of drinking fewer sugar sweetened beverages and increasing their water intake. The youth will share their knowledge with their peers and families to encourage them to drink more water.

Digital Literacy: We Need You: Attention parents! If you enjoy

working with people, like computers, and have an hour to spare, please contact Diane Anastos. I am recruiting volunteers to open and monitor the Computer Labs at Mt. Airy and McDonough Family Sites. Days and hours are flexible. This is a great way to meet your neighbors!

The grant runs from February 1-June 30, 2018.

ROSS Farewell:

The ROSS Grant officially ends on February 25, 2018. A big THANK YOU goes out to Ed Pet-

sche, Valerie Wolff and Aaron Smothers for their work with PHA residents. Ed, Val and Aaron made a difference in the lives of over 4,000 residents in the last few years by guiding them through job search, skills training, learning how to use a computer, and gaining life skills.

For more information, contact Diane Anastos at 651.298.4929 or diane.anastos@stpha.org.



Green Initiatives: PEIG Activities and Recycling!



Youth Learning New Recycling Skills

PEIG Activities:
During the month of January, Dunedin Family Residents recycled a total of 693 pounds of organic compost. This is a 6% increase from the month of December! Great Work! Organics Recycling Focus Groups will be starting Wednesdays in February to get a better sense of how the program has been going. Participant feedback and suggestions will be important in developing future organics programs.

Youth in the Rec Check program at El Rio are learning about environmental topics including animal conservation, water quality, and gardening. Students are engaging in hands on learning activities to better establish concepts. Here students are learning about the water filtration process and had the opportunity to plant their own seeds!

Recycling in the News:
Recycling Surveys will be going out to all Hi-Rises over the next

month. This survey will help to get an understanding of how recycling has been going in the apartment units. Those who will fill out the survey will be entered to win a gift card. Each Hi-Rise unit will have five \$20 gift cards raffled off at that months resident council meeting. You must be present to win.

For more information, please contact Yen Tran at 651.298.5222 or yen.tran@stpha.org.

SHIP Activities: SHIP Updates, and More!



SNAP Ed Healthy Eating Series at Seal Hi-Rise, April 2017!

Healthy Eating on a Budget with SNAP Ed:

Join a U of MN Nutrition Educator to learn tips for flavorful low cost meals. There will be cooking demos with food samples at each class. Contact Betsy to schedule classes at your site.

NAMI & Walgreens Smoking Cessation Workshops:

Join the conversation about smoking cessation and mental health. We are here to support you. Free Quit Kits and talk with a Walgreen's Pharmacist.

See Calendar on page 3 for NAMI schedule.

Mini Quit Mondays :

February's challenge is to keep your home smoke-free for one day! Register for a chance to win \$100 gift card at www.quit.com.

Quit Plan - The FREE enhanced helpline provides seven coaching calls and 12 weeks of Nicotine Replacement Therapy (NRT). Coaches are ready to support persons living with mental illness and/or sub-

stance use disorders. 24 hrs a day, 7 days a week. Call 1.888.354.7536.

Lung Helpline - Free quit smoking help, asthma and lung disease information. Call 1.800.586.4872.

For more info., contact Betsy at 651-298-4030.



Section 3 and Youth Connections!



Job Seeker, Seeking Employment at the Fair!

Section 3:

The Resource and Job Fair was a great success with the participation of 25 employers and resource organizations. Over 100 job seekers attended the fair, 20 percent of whom were PHA residents.

Work Readiness Workshops, information Sessions are at three PHA locations;

- ◆ Wednesday, February 14th starting at 2:30 PM at

McDonough Community Center (1544 Timberlake Road Saint Paul, MN 55117) room 210.

- ◆ Thursday, February 15th starting at 1:00 PM at Mt. Airy Community Center (91 Arch Street East Saint Paul, MN 55130).
- ◆ Thursday, February 15th starting at 4:00 PM at Central Hi-Rise (554 Central Avenue Saint Paul, MN 55103)

If you are looking for a job, feel free to check out the Section 3 website at TCSection3.org.

Youth Connections:

Be sure to check out page 3. of this Newsletter for youth activities at PHA.

For more information, please contact Beth at 651.228.3204 or eliza-beth.pacunas@stpha.org.

February 2018

ROSS/City
Wide= Fuchsia
Green Initia-
tives= Green
SHIP= Blue
Section 3= Red
Youth Connec-
tions= Purple

Resident Initiatives Activities, Events, and Programs!

Mon	Tue	Wed	Thu	Fri
5	6	7 Community Circle Conversations at Mt. Airy C.C. 4 PM Healthy Eating on a Budget at Cleve-	8	9 Movie Friday at Mt. Airy C.C 3:30 PM
12 Mini Quit Mondays at Cleveland 1-2:30 PM Garden Mentor Training at Mt. Airy C.C. 4:30 PM	13 Open Youth programming at Mt. Airy C.C. 3 PM NAMI & Walgreens Smoking Cessation Workshop at Seal 2-3 PM	14 Community Circle Conversations at Mt. Airy C.C. 4 PM Healthy Eating on a Budget at Cleveland 1-2:30 PM Work Readiness Workshop at McDonough C.C.	15 STPHA Partners Recognition Event at Envision Catering & Hospitality 8 AM Work Readiness Workshop at Mt. Airy C.C. 2:30 PM & Central at 4 PM	16 Movie Friday at Mt. Airy C.C 3:30 PM
19 PHA will be closed due to holiday	20 Open Youth programming at Mt. Airy C.C. 3 PM Mt. Airy Family Council Meeting at Mt. Airy C.C. 6 PM	21 Community Circle Conversations at Mt. Airy C.C. 4 PM	22	23 Movie Friday at Mt. Airy C.C 3:30 PM
26 President Council Meeting at CAO 10 AM NAMI & Walgreens Smoking Cessation Workshop at Seal 2-3 PM Garden Mentor Training at Mt. Airy C.C. 4:30 PM	27 Open Youth programming at Mt. Airy C.C. 3 PM City Wide Resident Council at Mt. Airy C.C. 5:30 PM	28 Community Circle Conversations at Mt. Airy C.C. 4 PM PHA Board Meeting at CAO 9 AM		2 Movie Friday at Mt. Airy C.C 3:30 PM
5	6 Open Youth programming at Mt. Airy C.C. 3 PM	7 Community Circle Conversations at Mt. Airy C.C. 4 PM	8 NAMI & Walgreens Smoking Cessation Workshop at Seal 2-3 PM	9 Movie Friday at Mt. Airy C.C 3:30 PM

St. Paul Public Housing Agency's Resident Initiatives Department

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If you would like to submit information on an activity or program at a PHA site for consideration in this newsletter, please email Tashira Britton at tashira.britton@stpha.org.

