

# COMMUNITY INSIDER

Volume 1 Issue 15

Summer 2025

## Editor's Welcome

### Happy summer!

Welcome to the season of warm days, long nights, beautiful flowers, and fresh produce. Summer is also the season of concerts, festivals, community events, and car shows. (More on that later.) It is a wonderful time to get out in your community and spend some time in the great outdoors. Even something as simple as going for a walk in your neighborhood. There are plenty of free and low-cost options for all ages.



*Make time for fun this summer*

Melissa Pappas  
Editor

## Mark Your Calendar

**Presidents Council:** September 22<sup>nd</sup> at 10:00AM

**Computer Team:** July 24th, August 28th  
September 25<sup>th</sup> at 1:00PM



*Revel in the beauty of summer*

## President Council Contact Information

*Presidents Council, 555 Wabasha Street  
North Suite 400, St. Paul, MN 55102*

### Email:

[presidentscouncil@stphapresidentscouncil.org](mailto:presidentscouncil@stphapresidentscouncil.org)

### Website:

<http://www.stphapresidentscouncil.org>

## **Important Numbers**

**Maintenance Work Order: 298-4413**

**Emergency Maintenance: 227-9919**

*Police non-emergency: 292-1111*

*"I'm glad it's finally hot enough to complain about how hot it is."*

*– Unknown*

## Hi-Rise Happenings

This May 29<sup>th</sup>, the annual Officers Recognition event was held at Wellstone Center.



The theme was the same as last year with additional awards given for hi-rise recycling.

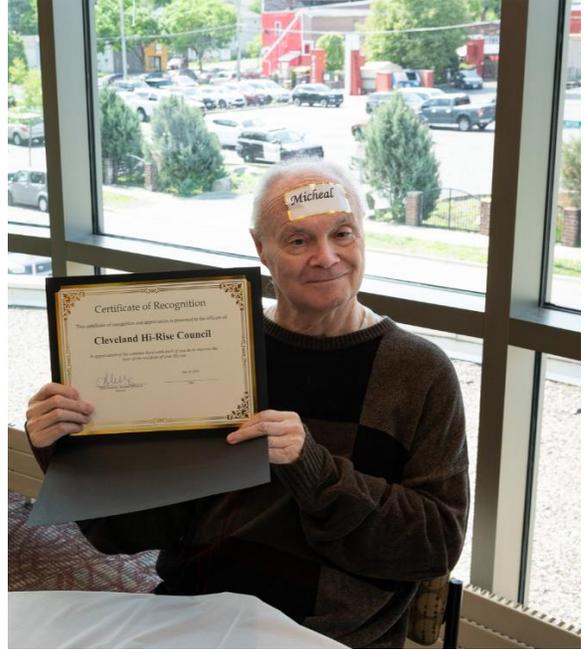


The recognition program included speeches from PHA Executive Director Louise Seeba and individuals like our Resident Commissioner Leonard Thomas.



After the recognition program was finished there was social time and lots of good food.





All in all, it was a lovely event, and a good time was had by all who attended.

## Just For Laughs:

“It’s a sure sign of summer if the chair gets up when you do.”  
– Walter Winchell

“Good weather all week, but come the weekend, and the weather stinks. When the weather is too hot, they complain; too cold, they complain; and when it’s just right, they’re watching TV.”  
– Rita Rudner

## Computer Corner



This month I just have a couple reminders for you.

The first is that even though the Residents Councils are on break over the summer you can contact your Computer Administrator or a board officer if the toner in the printer needs to be replaced or if you need paper. Councils should also be aware that there are cleaning supplies for the computer areas available if your hi-rise needs them. You should contact Youa to request things like cleaning wipes or cans of compressed air for computer cleaning.

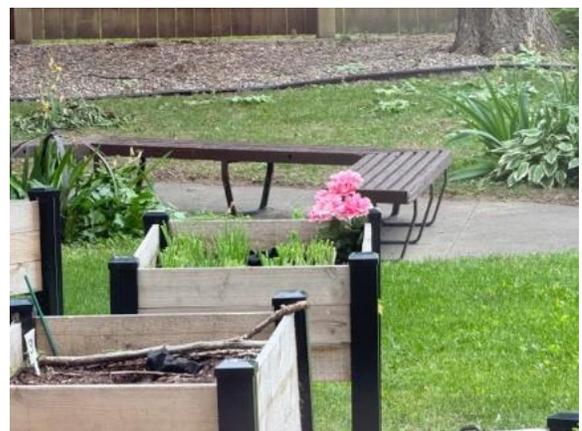
The second is that there is a wealth of information available on the Presidents Council website. You can visit it at <http://www.stphapresidentscouncil.org>.

It also should be set as the browser homepage on your community computers. The Community Sharing section has a lot of information about free and low cost activities and attractions in the area.

## Hi-Rise Gardens

Summer is peak gardening season. Your hi-rise gardens should be beginning to look lovely. Here are a couple examples.

### Central:



**Seal:**



**Summer in the City**

Wondering what to do this summer? There are a number of free and low-cost activities available to take part in.

Here is a list of some of them.

**370 Sets**

Osborn370

370 Wabasha St. N.

Music every Tuesday from 4-6p.m.

June 10- August 12

**Groovin' in the Garden**

Como Park Zoo and Conservatory

1225 Estabrook Drive

Every Wednesday from 6-8P.M in front of the Marjorie McNeely Conservatory

**Summit Avenue Walking Tour**

James J. Hill House

240 Summit Ave.

Every Wednesday and Saturday

**St. Paul Farmers Market**

290 5<sup>th</sup> Street E.

Saturdays from 7a.m. To 1p.m.

Sundays from 8a.m. To 1p.m.

**Lowertown Sounds**

Mears Park

221 5<sup>th</sup> St. E

Music every Thursday this summer

**Summer Nights in Rice:**

Rice Park

109 W. 4<sup>th</sup> Street

Free concerts on select Thursdays from June to August.

5-7p.m.

**East side Farmers Market**

East Side Sculpture Park

Corner of E. 7<sup>th</sup> St. and Bates Ave.

Second Friday and Sunday of the month through October.

**Art at St. Kate's**

July 12<sup>th</sup>

St. Catherine University  
Intersection of Cleveland and Randolph

### **Como Park Hidden Gems tour**

Como Park Pavilion  
1360 Lexington Parkway  
Weekly public walking tour. Sundays 11a.m.

### **Minneapolis Aquatennial**

July 23-26<sup>th</sup>

### **A Taste of Minnesota**

July 5<sup>th</sup> and 6<sup>th</sup>  
Located along Washington Avenue and Nicollet mall

### **Minnesota State Fair**

August 21 to September 1

### **St. George Greek Festival**

St. George Greek Orthodox Church  
1111 Summit Ave.  
July 25<sup>th</sup> and July 26<sup>th</sup>

### **Irish Fair of Minnesota**

Harriet Island  
August 8-10<sup>th</sup>

## **Resident Summer Fun**

Here are interesting things hi-rise residents are doing this summer.

The first resident to be featured is myself. As you can probably guess if you've seen me, I have a love for vintage and pinup style and the rockabilly and car culture. This past

June, I competed in my first pinup pageant at the Back to the 50s Car Show on June 21<sup>st</sup>.

I have long been interested in the vintage style and pinup contests, but this was the first year I got up the courage to actually try one.

The theme this year was vintage prom. (Think long puffy gowns, gloves, corsages.) There were three rounds of judging: posing, and two question rounds.

Everything went well despite it being one of the hottest days of the year with heat indices close to 100. I had a good time and made it into the top 10.





Several photos from the contest. (Photos by Walt Barry)



All the contestants on stage. (Photo by Julie Abnett.)

Despite my disappointment at not at least getting into the final five I enjoyed the experience, met some nice people, and am looking forward to next year already.

*Melissa Pappas*



Some of the cars at the show. I did not get as many pictures this year because of how hot it was.

### Books and Bikes at Central

There was a free bike repair clinic and book fair held indoors at Central Hi-Rise, giving residents a great opportunity to get their bikes tuned up by skilled mechanics while browsing and picking out some wonderful books to take home.



### Saint Paul Police Band at Hamline

We enjoyed beautiful weather and a great turnout for the police band performance at Hamline. Residents gathered to take in the live music and connect with neighbors, making it a fun and memorable afternoon.



residents. Check out the endless garden resources available through UMN Extension Master Gardeners!

Ask a Master Gardener – call and leave a message with your plant or insect questions. A Master Gardener will return your call. Ask a Master Gardener Main Line: 612-301-7590

Ramsey County Master Gardener Phone Line: 651-704-2080 ext 301

Upcoming Classes with Master Gardeners – Virtual or in-person... all FREE! Topics include: Herb Gardening, Become a Pest Detective, The Art of Growing Tomatoes, Container Gardening, Planting for Pollinators, and Food Saving.  
<https://www.ramseymastergardeners.org/classes>

Find a Master Gardener Calendar of Events  
<https://www.ramseymastergardeners.org/calendar>

## Health and Recycling

### GARDENING RESOURCES



Ramsey County Master Gardeners – Ramsey County Master Gardener volunteers share research-based, eco-friendly gardening practices to enhance quality of life and environmental health for Ramsey County

UMN Extension Yard and Garden  
<https://extension.umn.edu/yard-and-garden>

Ramsey County Urban Agriculture & Community Gardening  
<https://www.ramseycounty.us/your-government/projects-initiatives/urban-agriculture-community-gardening>

Looking for help to identify a plant, pest or disease?  
Check out the Solve a Problem section from UMN Extension Yard and Garden site  
<https://extension.umn.edu/yard-and-garden#solve>

Using Your Harvest  
Visit UMN Extension to learn tips for growing, harvesting, preserving and storing your locally grown food.

<https://extension.umn.edu/how/using-your-harvest>

The Garden Blog from Ramsey County Master Gardeners for helpful tricks and tips.  
<https://www.ramseymastergardeners.org/the-garden-blog>

Through the Seasons Newsletter for Ramsey County garden news  
<https://www.ramseymastergardeners.org/through-the-seasons-newsletter>

Green Ramsey Newsletter for news about recycling, energy, and environmental issues.  
<https://www.ramseycounty.us/residents/recycling-waste/education/green-ramsey-e-newsletter>

University of Minnesota Bee Lab for pollinator research, news, and projects  
<https://beelab.umn.edu/>

My Minnesota Woods for tree and forest stewardship info  
<https://extension.umn.edu/natural-resources/my-minnesota-woods>

## RECYCLING EXISTS!



It's no myth. Recycling exists in the Twin Cities. Your recycled items become new products. Recycling is real and it works. The items you put in your cart get recycled when

you recycle right. Many everyday items can be recycled. Learn more at  
<https://recyclingexists.com/>

What can get recycled? Paper, cardboard, cartons, glass bottles and jars, plastic bottles, containers and jugs and more can all be recycled. These products are wanted by many companies in Minnesota and across the country to make new products.

What's the right way to recycle?

Put items loose into your recycling bins – DO NOT use plastic bags.

Only put plastic bottles, cups, containers and jugs with recycling number #1, #2, or #5 in your recycling cart. (All other numbers go in the trash)

Rinse all containers. OK to leave caps on plastic bottles.

Empty and flatten cardboard boxes.

DO NOT recycle black plastic containers.

More information visit -

<https://www.ramseycounty.us/residents/recycling-waste/recycling-trash-collection/recycling-home>

Where does our recycling go? Recycled cans, bottles and paper are taken to a local facility where people and machines sort the recycling into materials types, which are sent to many different companies to be made into new products. Beyond saving energy and protecting natural resources, recycling supports vital industries in Minnesota and across the country.

### **Paper, Cardboard and Cartons**

The Twin Cities recycled 528,486 tons of paper and cardboard in 2022.

Paper mills like West Rock in Saint Paul mix paper and water together to make pulp, which is then flattened, dried and rolled into new boxboard. The boxboard is used to make cereal and cracker boxes.

Milk and juice cartons are sent to Sustana Fiber in Wisconsin to make materials for new paper products.

### **Metal Cans**

The Twin Cities recycled 280,848 tons of metal cans in 2022.

Recycled food cans are transported by Minnesota companies like Miller Scrap and Disposal in Winona to foundries and steel mills throughout the Midwest. These cans are made into new products like wire, beams, and parts for cars and appliances.

### **Glass Bottles and Jars**

The Twin Cities recycled 82,455 tons of glass in 2022.

Bottles and jars are sorted by color at Strategic Materials in Saint Paul. Clear glass is sent to Anchor Glass in Shakopee to make new food and beverage bottles.

### **Plastic bottles and jugs**

The Twin Cities recycled 32,720 tons of plastics in 2022.

Plastics are sorted, shredded, melted into pellets and then sold to companies to make a variety of products. Avon Plastics in Paynesville turns milk jugs and detergent bottles into durable decking, fencing and landscaping products. Plastics like drink bottles and produce containers get made into new bottles in Wisconsin and Ohio.

## **Resident Council Coordinator**

I hope everyone is enjoying the summer break and looking forward to the upcoming summer picnic. Please take a moment to thank the council board and committee members for their hard work in organizing the summer activities at the hi-rises.

For new officers, this is a good time to begin connecting with your council counterparts, as Treasurers and Secretaries prepare to start new council books.

Be sure to reach out to your QuickBooks Peer and confirm that the council board has all necessary materials in place for a smooth transition in the fall.

Wishing you all a wonderful rest of the summer before we meet again in the fall!

*Youa Thao – Resident Council Coordinator*



**Commissioner Thomas**

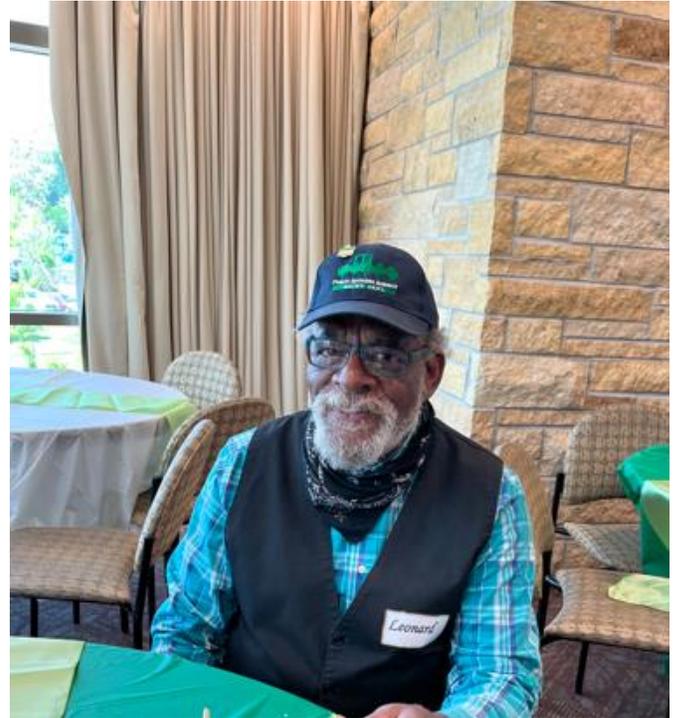
First, I would like to sincerely thank all the officers and volunteers for their hard work and leadership in wrapping up the council year. You all deserve a long and restful summer break!

Melissa and I plan to collect photos throughout this council year to showcase the activities taking place at the hi-rises. These photos will be displayed at the Officer Recognition event at the end of the year as part of a poster representing all 16 hi-rises. Please continue to take pictures that reflect your hi-rise and the residents who live there.

Congratulations to the newly elected officers! This role will offer many opportunities to learn and grow as leaders while making a meaningful impact on the lives of your neighbors.

Thank you once again for stepping up to serve your communities, your dedication truly makes a difference.

*Commissioner Leonard Thomas*



**Word from the Newsletter Team**

The Newsletter committee team would like to encourage everyone to practice being kind and continue to show compassion towards each other. We hope everyone would continue to enjoy the warm weathers and look forward to connecting with you all again soon!